



# NAMI FaithNet

## PROJECT NAME: CREATING CARING CONGREGATIONS

REQUEST FOR PROPOSAL

**RELEASED DATE: MAY 31, 2020**

### **GENERAL**

Pathways to Promise (P2P), in collaboration with NAMI FaithNet, requests proposals from NAMI Affiliates (NAs) for **TECHNICAL ASSISTANCE GRANTS** to build their capacity to work with faith and spiritual communities seeking to develop mental health or wellness ministry programs.

Since 1988, P2P has been the primary instrument for training, resources and networks through which national faith groups have offered mental health ministry. Additionally, P2P assists in the formation of individual faith group networks, maintains an extensive website, a platform for information, online training, and printable resources, and provides published manuals and resources for faith communities. Additional information can be found at [www.pathways2promise.org](http://www.pathways2promise.org)

NAMI FaithNet, an interfaith network of NAMI members, friends, clergy, and congregations of all faith traditions encourages and supports faith communities that are welcoming and inclusive of persons and families living with mental illness.

NAMI FaithNet was established to (1) equip NAMI members and leaders with resources and a network for sharing ideas to raise awareness and increase understanding about mental illness, (2) develop supportive and welcoming environments in faith communities for those affected by mental illness, (3) promote the value of faith and spirituality in recovery and care-giving, and (4) educate clergy and faith communities about mental illness and their role in advocating for and supporting all affected by mental illness. Additional information can be found at [www.nami.org/faithnet](http://www.nami.org/faithnet).

P2P will award up to five technical assistance grants to assist the NAs to complete the following:

1. Develop a customized assessment instrument that affiliates can offer to a prospective Mental Health or Wellness Program that evaluates their readiness, structure and needs in establishing a mental health ministry.
2. P2P will work with the faith or spiritual community and NAMI affiliate to assist in the implementation based upon the results of the customized survey.
3. P2P will work with NAMI affiliates to set up a “one-stop” opportunity for assistance in establishing a Mental Health & Wellness Ministry program.

### **ELIGIBILITY REQUIREMENTS:**

- Only NAMI Affiliates (NA) or NAMI State Organizations (NSO) are eligible to apply for this opportunity.
- NAs or NSOs should have an existing relationship with faith communities or be in the process of developing one with the intended faith community.
- NAs or NSOs should be prepared to contribute to this project a minimum of **\$1,000.00**.

## **THREE PHASES OF GRANT IMPLEMENTATION**

NAMI Affiliates that are selected will participate in the following three phases of implementation:

### **PHASE I - Assessment**

P2P will schedule four video conference calls with the NAMI Affiliate. These video conference calls will consist of the following:

- 1) **Pre-assessment Call:** P2P will discuss the process and expectations of the grant recipient, to introduce the assessment instrument, and to discuss adaptations needed to customize the assessment for the intended the faith community. The NA will work with the intended community to discuss additions or modifications and submit them to P2P.
- 2) **Preliminary Instrument Review Call:** P2P and the NA will discuss the modifications and additions to the updated assessment instrument. During this call the instrument will be fine-tuned and any additional adjustments will be noted and added to the tool.
- 3) **Final Instrument Review Call:** P2P will discuss the final revised assessment tool and the distribution method with the NA. The NA may provide an email list for upload into the electronic survey instrument or P2P can provide a link to the survey for the NA to distribute. **Due to the expense of entering the data manually P2P will charge an additional fee for the use of paper surveys.**
- 4) **Instrument Results & Next Steps Call:** P2P will share the results from the survey with the NA and recommendations for next steps with the faith communities. **Based on the results from the assessment, P2P will offer existing models or work with the NA to develop new models at an additional cost.**

### **PHASE II - Implementation**

P2P will collaborate with the NA to implement the results of the assessment tool. Implementation could result in the following services being provided or recommended to the NA and the faith communities:

- Develop programs or strategies for the faith community/church
- Advise on developing community coalitions to support a mental health ministry/outreach
- Develop implementation plans for the NA and faith communities
- On-going advisory services (establish check points for quality assurance and preparedness for moving into the next phase)

*\*The grantee understands that there may be additional costs for services, which may be the responsibility of the affiliate and are separate from the technical assistance award.*

### **PHASE III - Sustainability**

P2P understands that keeping the momentum of an emerging work or practice requires that monitoring and evaluation processes are put into place. Therefore, P2P will assign a Mental Health Ministry (MHM) coach to each NA that will assist in the development of a MHM. The coach will meet with the NA every month during the first six months of the launch. After the six months, the coach will meet with the NA for a bi-monthly check-in and one final meeting. The coach will then meet with NA on an as-needed basis.

*\*The grantee understands that they will be required to contribute a minimum of **\$1,000** to this project. Additional services will be the responsibility of the affiliate and are separate from the technical assistance award.*

## **EXPECTATIONS OF NAMI AFFILIATES**

- NA will continue to work with faith or spiritual communities to assist in the development of a mental health support team.
- NA will continue implementation of the plan developed with the faith or spiritual communities to expand and sustain their partnerships with these communities.
- NA will provide a progress report to Pathways to Promise by **December 31, 2020**.

## **SUBMISSION GUIDELINES**

**All grant applications will be submitted by June 30, 2020, at 5 PM Central Time** using the following link: <https://www.surveymonkey.com/r/NAMIAffiliateGrant>. A pre-grant submission conference call will be offered to all grant prospects prior to the submission deadline.

For more information about the grant requirements, please contact Jessica Dexter, Program Development Associate at [jessica.dexter@pathways2promise.org](mailto:jessica.dexter@pathways2promise.org) or call 314-810-2234 ext.2.

Awardee will be notified of their status no later than **August 1, 2020**.