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A Ministry of Presence

*Companions walk side-by-side as
neighbors offering encouragement
in the midst of their distress.*

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www.pathways2promise.org



Pathways Mission

Pathways to Promise collaborates with faith, spiritual, and non-spiritual communities to share resources that assess, educate and effect change to welcome, support, engage and include persons with mental illnesses and those who care for them.

What we offer:

- Consultation and training on how to organize a training collaborative in your area.
- Consultation on assessing your faith community need for a health ministry.
- Program models and training curricula for faith community mental health ministry and program development.
- Resourcing for faith leaders and faith communities including helping you find worship resources, webinars, leaflets, training manuals, and other sources of information to support your faith community.
- Our website is available has resources for faith leaders and lay leaders, persons with mental illnesses and their family, friends, and supporters as well as behavioral health professionals interested in working with faith communities.

Our Vision Statement

People living with mental illnesses and those who care for them are welcomed and supported in all faith and spiritual communities.



Get Involved

- **RECEIVE TRAINING:** Consider being trained in Companionship, Mental Health First Aid, NAMI Family to Family and other mental health literacy training programs.
- **JOIN OR CREATE MENTAL HEALTH TRAINING COALITION:** Partner with Pathways to Promise to develop a local organizing committee to develop your faith community capacity to support recovery and wellness with individuals and families facing serious mental health issues – childhood disorders, trauma, serious mental illness, substance use disorders and mental health issues of aging
- **EDUCATE YOUR COMMUNITY:** You will probably find at least one or two others in your congregation who share your interest. Together, you can begin to educate yourselves and prepare to carry the message to the wider congregation. Visit P2P website & download the Mental Health Ministry Toolkit to get started.
- **CONTRIBUTE:** We invite you to support Pathways to Promise today. Your support enables us to continue our work with faith communities to raise awareness about mental illness, and develop groups that are supportive of people and families struggling with the effects of mental illness.



Visit

<http://www.pathways2promise.org/donate today>
to make your contribution today

*Pathways to Promise is a registered
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THE COMPANIONSHIP MOVEMENT

www.thecompanionshipmovement.org

Consider becoming a Companionship

- How do you support the individuals in your community who live with mental illness, insecure housing or chemical dependency?
- How do you move from a transactional exchange to a relational engagement, enabling substantive change?

THE ANSWER IS

COMPANIONSHIP™

A three-hour course that provides an effective approach to the practice of mental health ministry through which any caring human being can reach out and help another who is in distress.

Participants will learn the five practices of Companionship **hospitality, neighboring, side-by-side, listening and accompaniment.**

Cost: \$1250 for up to 15 participants & \$2500 for up to 30 participants
Includes instructor fees and all training materials

Companionship Instructor Training:

A 2-day training designed to give you the skills, tools, and support you need to successfully bring Companionship to your community and effectively communicate the transformational power of moving from transactional engagement to relational engagement.

Cost: \$1,000 per Instructor

Includes participation in a three-hour Companionship Workshop, pre and post-training consultation, two full days of training with a Companionship Senior Trainer, all necessary materials, and access to an exclusive continuing education platform

For more information:

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