Mental Health Services and Professional Organizations

The following are a listing of mental health services and professional organizations with links to their websites. Many of them have local affiliates and offices. Contact them or the United Way for local information.


**American Association of Suicidology**, [www.suicidology.org](http://www.suicidology.org); Educational materials and accrediting information are available.

**American Occupational Therapy Association, Inc. (AOTA)**, [www.aota.org](http://www.aota.org); AOTA has packets of fact sheets that explain how occupational therapy can help in long term care in mental health and for depressive disorders.

**American Psychiatric Association**, [www.psych.org](http://www.psych.org); Informational resources for patients and families, psychiatrists, residents and medical students.

**American Psychological Association**, [www.apa.org](http://www.apa.org); Informational and referral resources.

**Black Psychiatrists of America**, [bpaincpsych.org](http://bpaincpsych.org)

**Employee Assistance Professionals Association**, [eapassn.org](http://eapassn.org); Information on employee assistance programs.

**National Association of Social Workers**, [www.socialworkers.org](http://www.socialworkers.org); Can provide the names of social workers who are members of the organization and information about the field.


**National Council for Behavioral Health**, [thenationalcouncil.org](http://thenationalcouncil.org); Advocates for policies that ensure people who have mental health and substance use problems can access comprehensive healthcare services; also operates the Mental Health First Aid program.

**Psychiatric Rehabilitation Association**, [psychrehabassociation.org](http://psychrehabassociation.org); Promotes the development, support, and dissemination of information about the practice of psychiatric rehabilitation and recovery.