

**Join us today to make a difference!**



Dear Friend of Pathways to Promise,

Recently we announced the launch of our new strategic vision. It is a transformative roadmap that will empower us to make an even greater impact on the well-being of individuals and communities.

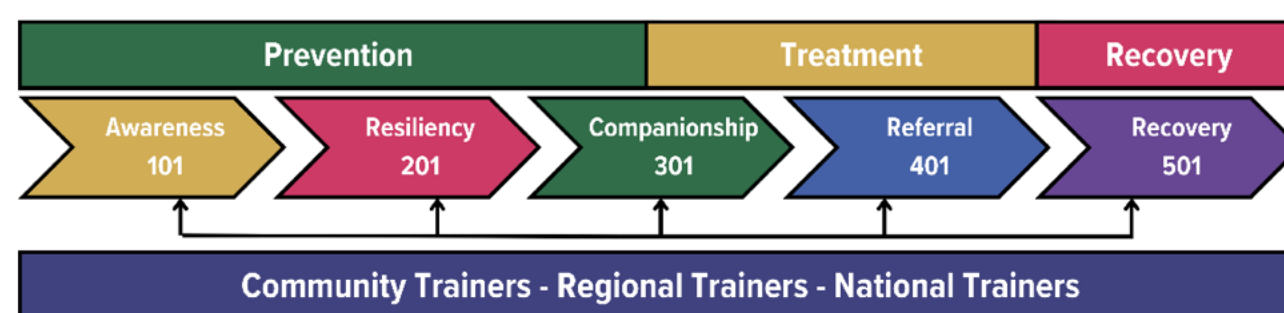
As Giving Tuesday approaches, we are mindful of friends like you who have participated in Pathways' work. We are grateful for your support of Pathways' efforts to make a difference in the lives of those who experience mental health challenges and those who care for them.

On November 28 (or before) we invite you to join us in delivering resources to ease the current mental health crisis.

- The US Population is about 330 Million.
- Half will be diagnosed over their lifetime.
- Half experience loneliness daily.
- More than 1 in 5 live with a mental illness.
- Suicides reached an all time high in 2022.

Pathways to Promise is uniquely positioned to address this crisis by providing essential support to communities.

## COPE Toolkit



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We have begun our plan to develop four new programs to cover the continuum of mental health support:

- Awareness Care 101
- Resiliency Care 201
- Companionship Care 301 (already in place)
- Referral Care 401
- Recovery Care 501

These programs have the potential to transform our nation by equipping communities to support those with mental health challenges and those who surround them.

**Read about our new strategic vision**

**We need your help to continue this vital expansion to address the mental health crisis!**

A monthly gift of \$30 (just \$1 a day!), a one-time gift of \$100, or whatever you feel you can give would help establish a stigma-free safety net. Multi-faith volunteers and a continuum of resources across the country would bring mental health support, especially to marginalized neighborhoods.

**Click here to make a monthly or one-time gift today**

**Or please make your check to "Pathways to Promise" and mail it to the address below:**

Pathways to Promise  
P.O. Box 271662  
Flower Mound, TX 75027  
(314) 810-2234

**Thank you for your investment in Pathways to Promise!**

**Do you know someone who might share your interest in supporting Pathways' work? Feel free to forward this email.**

[www.pathways2promise.org](http://www.pathways2promise.org)

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