



Please share these upcoming Companionship training opportunities with your network

TWO TRAINING OPPORTUNITIES

Do you have a neighborly heart for those suffering from loneliness or dealing with mental health crises?

There is a tremendous need for Companionship all around us. You could be the one to fill that need!

Community Trainer Training



Community Trainer Training equips compassionate people to serve as Companions in their communities by leading "Become a Companion" workshops (see class info below). It is an enriching service providing personal fulfillment and satisfying the needs of those in mental or emotional distress.

This virtual course includes:

- "Become a Companion," a three-hour workshop that teaches participants the principles and practices of Companionship.
- Instructor Training, an 8-hour workshop that teaches people to lead Companionship workshops themselves.

An application and recommendation letter are required.

Community Trainer Training
January 24, 2024, Wed, 5-8 pm CT
PLUS January 27, 2024, Sat, 9 am-5:30 pm CT
Cost: \$1200
(Discounts available)

[View application here!](#)

"Become a Companion" Workshop



Participants gain an understanding of how to create a public relationship with someone in distress. You will learn how to make a difference in their life with:

- Hospitality
- Neighboring
- Side-by-side
- Listening
- Accompaniment

The 3-hour workshop will provide participants an understanding of how to move from a transactional exchange model to a relational engagement model that enables substantial change when helping others. Workshop participants will also learn the importance of integrating Companionship into their organizations and communities.

Participants will receive a guidebook and certificate.

Become a Companion Workshop
January 24, 2024, 5-8 PM CT
Cost: \$60
(Group discounts available)

[Sign up here!](#)

Want to learn more before signing up? Attend "Taste of Companionship"



January 8, 2024, Mon, 7 pm CT

Join Zoom Meeting

<https://us02web.zoom.us/j/3148102234?omn=86570600158>

Meeting ID: 314 810 2234

Still have questions? Visit our Trainings page to view our FAQs.

[FAQs](#)

You can also dig deeper by visiting our website:

pathways2promise.org



The Companionship Movement is a program of Pathways to Promise.

www.pathways2promise.org



Pathways to Promise
P.O. Box 271662
Flower Mound, TX 75027
(314) 810-2234
admin@pathways2promise.org

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).