

St. Louis Mental Health Training Cooperative Companionship Training Evaluation

We are interested in your reactions to the Companionship Training. We want to know if you feel better prepared to provide companionship, and we would like to see how much information from the training you remember. Don't worry; it's not a test. You are helping us to evaluate the Companionship training, and to understand better which parts of the training people remember most easily. **Thank you!**

Name (optional): _____ Your Congregation: _____

Trainer's Name: _____ Today's Date: _____

Role (**check all that apply**): Clergy Lay Person Mental Health Professional

1. The Companionship approach seems like an attractive one to me.
 strongly agree agree not sure disagree strongly disagree
2. The training increased my confidence that I could provide companionship assistance to someone.
 strongly agree agree not sure disagree strongly disagree
3. I am interested in providing companionship help to another person.
 strongly agree agree not sure disagree strongly disagree
 I am already providing companionship assistance to someone.
4. I am interested in helping start a Companionship ministry in my congregation.
 strongly agree agree not sure disagree strongly disagree
 I have already helped start a Companionship program in my congregation.
5. This training was relevant to my own faith tradition.
 strongly agree agree not sure disagree strongly disagree
6. I feel that I understand better now the needs of people with mental health problems.
 strongly agree agree not sure disagree strongly disagree
7. I would recommend this Companionship training to others.
 strongly agree agree not sure disagree strongly disagree
8. I wish that the Companionship training had been _____.
 much longer longer shorter much shorter (it was the perfect length)

The evaluation form is continued on the back of this page =>

9. If you are a member of the clergy, would you be willing to participate in a discussion with other clergy and mental health experts about mental health needs in the local congregation?

- Yes Not sure yet No I am not a member of the clergy

The next questions are intended to give us feedback on which parts of the training people tend to remember. Answer them as best you can. It's okay to get some wrong! 😊

10. _____ teams allow companionship providers to receive weekly support, to pray, and to seek discernment.

11. In companionship we move toward increasing _____. (please circle the best answer)
- a. independence
 - b. social appropriateness
 - c. mutuality
 - d. dependence

12. Please list as many of the *five practices of companionship* as you can recall:

13. List as many of the *tips on listening* as you can recall:
