



Pathways to Promise: Interfaith Ministries & Mental Illness

The 2009 Faith-Based National Summit
was held September 29-October 1 in Belleville, Illinois

Our summit was co-sponsored by the
Missouri Institute of Mental Health, One Mind Mental Illness Ministry,
and The National Shrine of Our Lady of the Snows
Attendee Scholarships were made possible by the
Episcopal-Presbyterian Charitable Health and Medical Trust

Companions on the Road to Recovery from Mental Illness

Pathways for the 21st Century

Models of Ministry and Collaboration

explore ☀ meet ☀ connect

Special Thanks to Our Planning Committee Task Force

Ms Jan Benton

Ms Jan Burggrabe

Rev Jack Day

Rev Bob Dell

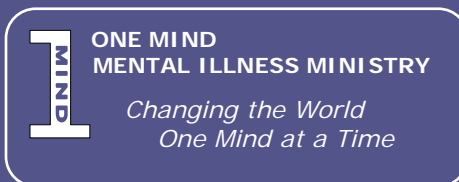
Deacon Tom Lambert

Rev Craig Rennebohm

Rev Doug Ronsheim

Dr Jim Zahniser

Pathways to Promise was formed to mobilize national faith groups and local congregations across the United States to reduce stigma and to support people with mental illnesses and their family members in the process of recovery. As a result, the last two decades have seen exemplary models of ministry emerging in congregations across the country. Come learn from the successes and help us establish new pathways for progress and collaboration.



Visit www.Pathways2Promise.org

MEET OUR SPEAKERS

- Rev Cynthia Abrams**, Program Director, Alcohol, Other Addictions, & Health Care Program, United Methodist Church General Board of Church & Society, Washington, DC
- Barbara Baylor**, MPH, Minister for Health Care Justice, United Church of Christ, Cleveland, OH
- Janice Benton**, Executive Director, National Catholic Partnership on Disability, Washington, DC
- Jean Campbell, PhD**, Research Associate Professor, Missouri Institute of Mental Health, St. Louis, MO
- Steve Campbell**, Executive Director, Peter and Paul Community Services, St. Louis, MO
- Rev Bonnie Condon**, Vice President, Faith Outreach, Advocate Health Care, Oak Brook, IL
- Stacy Davis**, Director, Mental Health Promotion, Mental Health America of the Heartland, Kansas City, MO
- Rev Jackson Day**, Executive Director, International Conference of War Veteran Ministers, Columbia, MD
- Rev Robert Dell**, Board Chair, Pathways to Promise, Sandwich, IL
- Barbara Doyle**, Chair & Founder, Mental Health Ministry, Fourth Presbyterian Church, Chicago, IL
- Mike Fitzpatrick**, Executive Director, National Alliance on Mental Illness, Arlington, VA
- Rev Jane Fisler-Hoffman**, UCC Interim Conference Minister, CA
- Rev Susan Gregg-Schroeder**, Coordinator, Mental Health Ministries, San Diego, CA
- Margaret Ann Holt**, Virginia Interfaith Committee on Interfaith Ministries, Fredericksburg, VA
- Rev Alan Johnson**, Interfaith Network on Mental Illness, Boulder, CO
- Michael Jones, PhD**, Associate Professor of Psychology, College of the Ozarks, Branson, MO
- Jenia Kincade**, Wellness Center Coordinator, Independence Center, St. Louis, MO
- Ken Kraybill**, Trainer, Center for Social Innovation, Newton, MA
- Rev Dale Kuhn**, Executive Director, Care and Counseling, St. Louis, MO
- Marilyn Kuhn**, Counselor, Care and Counseling, St. Louis, MO
- Deacon Tom Lambert**, Council Co-Chair, Archdiocese of Chicago, Commission on Mental Illness, Chicago, IL
- Rev John Lewis**, Presbyterian Serious Mental Illness Network, Antioch, TN
- Rev Norma Mengel**, United Church of Christ Mental Illness Network, St. Paul, MN
- Marcia Middel, PhD**, Chief Psychologist, Mental Health Center, Denver, CO
- Glen Milstein, PhD**, Assistant Professor of Psychology, The City College of New York, New York, NY
- Dottie Mullikin**, Director of Prevention, Missouri Department of Mental Health, Jefferson City, MO
- Yolanda Ortega**, Founder and Director, Faith-Based Mental Health Initiative San Antonio, TX
- Annelle Primm, MD**, Director of Minority and National Affairs, American Psychiatric Association; Associate Professor of Psychiatry, Johns Hopkins University,
- Connie Rakitan**, Chair, Chicago Archdiocesan Commission on Mental Illness, Chicago, IL
- Rev Craig Rennebohm**, Mental Health Chaplaincy, Seattle, WA
- Rev Doug Ronsheim**, Executive Director, American Association of Pastoral Counselors, Fairfax, VA
- Nancy Smith**, Founder and Board Member, Plymouth Healing Communities, Seattle, WA
- Gary Southerton**, Executive Director, Plymouth Healing Communities, Seattle, WA
- Terrill Stumpf**, Director, Chicago Lights Center for Whole Health, Fourth Presbyterian Church, Chicago, IL
- Greer Sullivan, MD, MSPH**, Director, South Central VA Mental Illness Research Education and Clinical Center (MIRECC)
- Kenneth S. Thompson, MD**, Medical Director, Center for Mental Health Services (SAMHSA), Rockville, MD
- Daphne Walker-Thoth**, Executive Director, Committed Caring Faith Communities, St. Louis, MO
- Danny Wedding, PhD, MPH**, Director, Missouri Institute of Mental Health, St. Louis, MO
- Carole Wills**, Chair, NAMI FaithNet, Indianapolis, IN
- Marilyn Wright**, Free Methodist Church, Olney, IL
- Jim Zahniser, PhD**, Associate Professor of Psychology, Greenville College, Greenville, IL

Tuesday, September 29

Pre-conference caucus with various St. Louis groups

KEYNOTE

Dr Ken Thompson, Medical Director, Center for Mental Health Services (SAMHSA)

Putting Faith in Community **PowerPoint (9MB)**

A vision of hope in collaborative treatment and community support; a national perspective on community mental health care and the delivery of service at the local level; challenges and promising directions

WORKSHOP

Rev Craig Rennebohm, Mental Health Chaplain, Author

A Vision of Hope in the Healing Power of Human Relationships & Neighborhoods

An introduction to the practices of companionship; as a way of outreach, connection to care and support for recovery; a model for training companionship teacher/leaders

Special Resource: *Mental Health Ministry-A Toolkit for Congregations* PDF (1MB)

Equipping communities of faith to share the journey of healing and recovery with individuals and their families facing serious mental illness, addictions, and trauma.

PANEL RESPONSE

Moderator *Doug Ronsheim, Executive Director, American Association of Pastoral Counselors* **Special Resource: *Helping Alcoholic Families: Counselors and Clergy: Partners in Healing* PDF (2MB)**

Responses from experienced practitioners from a variety of settings who work with diverse populations and a range of issues; respondents represent consumer and family perspectives, local church ministry, local multi faith collaboration and national church efforts, and speak to such broader issues as peer support and leadership, a holistic view of recovery, multi-cultural outreach and the needs of returning veterans

Panel includes:

Marcia Middel, Chief Psychologist, Mental Health Center of Denver, CO

Jean Campbell, Research Associate Professor and Director, Program in Consumer Studies and Training, Missouri Institute of Mental Health, St. Louis
Understanding Recovery **PowerPoint (977KB)**

Rev Jackson Day, United Methodist Church, Pastor (Retired), Columbia, MD

Rev Norma Mengel, Family Member, United Church of Christ, St. Paul, MN

DINNER BANQUET

Special Guest *Jennifer Shifrin, Pathways Founder*

Pathways member faith groups will highlight the past 20 years of effort and initiatives in mental illness ministry and visions for the future

VOICES OF HOPE

Peers speak about the illness experience, the recovery journey, and the role of faith

Marilyn Wright, Free Methodist Church, Olney, IL

Jane Fisler-Hoffman, UCC Interim Conference Minister, CA

BREAKOUTS SESSIONS 1 & 2

MODELS OF MINISTRY—Resourcing the Congregation

- A. Creating Caring Faith Communities, Engaging Congregations in Substance Abuse and Mental Health Ministry **PowerPoint (7MB) PDF (18KB)**
Daphne Walker-Thoth
- B. Mental Health Ministries, Creating Caring Congregations Model **PDF1 (1MB) PDF2 (26KB)**
Susan Gregg-Schroeder
NAMI FaithNet, Its Mission & a Resource to the Local Congregation **PDF1 (24KB) PDF2 (33KB)**
Carole Wills
- C. Care & Counseling, What every clergy person needs to know about depression and anxiety
Marilyn Kuhn; Dale Kuhn
- D. Chicago Archdiocese Faith and Fellowship, A Catholic Based Group
Connie Rakitan, Tom Lambert
- E. Independence Center-St. Louis, Establishing a Wellness Program: Promoting Life Style Change
Jenia Kincade **PowerPoint 1 (315KB) PowerPoint 2 (411KB)**
- F. Fourth Presbyterian-Chicago, Mental Health Education & Support Activities
Terry Stumpf, Barbara Doyle
- G. Plymouth Healing Communities, Seattle, A Faith-Based Community Providing Post-Hospital Supported Living with Companions: Alternative to Homelessness
Nancy Smith, Gary Southerton
- H. Advocacy and the Local Congregation, *Resources & Models*
Barbara Baylor, Cynthia Abrams

LUNCH/PLENARY

Mike Fitzpatrick, Executive Director, National Alliance on Mental Illness **PowerPoint (2MB)**

The National Alliance on Mental Illness Signature Programs: the NAMI FaithNet Mission; NAMI advocacy priorities and the role of consumers and families in creating effective and accessible community mental health care. Moving from a national perspective down to the local level of need and service delivery.

BREAKOUT SESSIONS 3 & 4

MODELS OF MINISTRY—Community Collaboration and Specific Issues

- I. Peter & Paul Community Services, St. Louis, Multiple Programs in an Urban Setting
Steve Campbell
- J. Mental Health First Aid: A Program Possibility for Rural Areas **PowerPoint (12MB) PDF (142KB)**
Dottie Mullikin, Michael Jones
- K. Prisons and Mental Illness **PDF (57KB)**
John Lewis
- L. Adolescent Suicide: A Global Problem **PowerPoint (14MB)**
Danny Wedding
- M. Understanding Post Traumatic Stress Disorder: Care & Advocacy for Returning Vets
Jackson Day, Greer Sullivan **PDF (107KB)**
- N. Homeless and the Mentally Ill: What Works **PDF (218KB)**
Ken Kraybill

Wednesday, September 30—Continues

Special Workshop—Community Collaboration (Extended Session)

Moderator, Craig Rennebohm

Interfaith Network on Mental Illness for Boulder & Broomfield Counties, *Ten Steps for Developing a Mental Health Ministry in Your Congregation* **PDF (16KB)**

Marcia Middel, Alan Johnson

DuPage County, Illinois, *The “Ten Church” Program: Mobilizing Congregational Strengths to Promote Mental Health* **PowerPoint (22MB)**

Bonnie Condon

National Catholic Partnership on Disability (NCPD)

Jan Benton, Tom Lambert

San Antonio Faith Based Mental Health Initiative

Yolanda Ortega PDF.(333KB)

Implementing a Continuum of Mental Health Care through Clergy Outreach and Professional Engagement (COPE) **PDF (181KB)**

Glen Milstein

Sabbaths of Hope: Faith Communities Responding to Depression **PowerPoint (2 MB)**

Stacy Davis

Mental Health Partners, Virginia **PDF (71KB)**

Margaret Ann Holt

TABLE TALK - “From Caring to Advocacy”

There will be a panel to lead the discussion, and then input from members at the “Tables”

DINNER - Divine and Conqueror: Overcoming Mental Health Disparities PowerPoint (1 MB)

Dr. Annelle Primm, Director of Minority Affairs, American Psychiatric Association

TEAMS CAUCUS FOR PLANNING

Thursday, October 1

A PROPOSAL FOR NATIONAL LEVEL COLLABORATION: A National Training Network on Mental Illness: What we Have and How We Can Disseminate It

Doug Ronsheim, Craig Rennebohm, Jim Zahniser

TEAMS MEET to identify goals for 1, 2, & 5 years out, enfolding the Training Network plans into their goals

WRAP UP: Collaborative Pathways into the 21st Century

Leaders: Doug Ronsheim, Craig Rennebohm, and Jim Zahniser. We will bring into focus the vision, the “how to,” and the resources

CONNECT

With Faith Groups and Agencies

Advocate Health Care
Care and Counseling: A Certified Pastoral Care Center
Central Conference of American Rabbis
Christian Reformed Church in America
Church of the Brethren
Committed Caring Faith Communities
Episcopal Mental Illness Network
Evangelical Lutheran Church in America
Independence Center
Interfaith Network on Mental Illness, Boulder
International Conference of War Veteran Ministers
Lutheran Church – Missouri Synod
Mennonite Central Committee
Mental Health Chaplaincy
Mental Health Ministries
Missouri Department of Mental Health
Missouri Institute of Mental Health (MIMH)
NAMI FaithNet
National Alliance on Mental Illness (NAMI)
National Catholic Partnership on Disability
The National Shrine of Our Lady of the Snows
One Mind: Mental Illness Ministry, The Kinschner Foundation
Pathways to Promise: Interfaith Ministries and Mental Illness
Peter and Paul Community Services
Plymouth Healing Communities
Presbyterian Church (USA)
Rabbinical Assembly
Union for Reform Judaism
United Church of Christ
United Methodist Church
General Board of Church & Society
United Methodist Church
General Board of Global Ministries

EXPLORE

- Models of collaboration at the local level which lead to increased access to treatment and the development of more robust systems of care and support
- Equipping denominational and congregational leaders to help people with mental illness access the treatment and supports necessary for recovery
- Strengthening collaboration of national faith groups; the National Alliance on Mental Illness (NAMI) and NAMI FaithNet; professional groups such as the American Association of Pastoral Counselors and the American Psychiatric Association; and providers in the private and public sector, including community mental health centers

LEARN

- Our speakers will present specific trainings and workshops designed to educate attendees about exemplary models of collaboration from around the country
- Structured time will be provided for national faith groups and provider and policy organizations to build consensus on a basic vision and crucial next steps for faith communities in a nationwide effort to achieve a readily accessible, appropriate and effective mental health care system
- We will develop and disseminate toolkits and accessible trainings that national and local faith groups can use to educate their members on access to appropriate mental health treatment and the provision of community and congregational support to individuals and families